

Topic	Title, Author and Main Point	Audience
Abuse	“Why Me?” – Comfort for the Victimized <u>David Powlison</u> Based on Psalm 10. Why is this happening to me? Where is God in my time of anguish?" Knowing our hearts, God has spoken powerful words of comfort. Psalm 10, for example, is God's word to those who have been victimized by others. It guides people into knowing God in the midst of being violated.	<ul style="list-style-type: none"> • Victims
Abuse	Domestic Abuse- How to help <u>Powlison, Tripp, Welch</u> How to help the victim of domestic abuse? How will you help the privately violent?- We have much in common with other people and once you know how to deal with your own sins of anger, you can better help others who struggle with violence.	<ul style="list-style-type: none"> • People who want to help both the victim / abuser
Abuse	HELP! Someone I Love Has Been Abused <u>Jim Newheiser</u> Abuse is a growing problem. It is estimated that one in four women has been the victim of domestic violence and there is a growing awareness that men are often victims too. Those who have been abused need help, and the all-sufficient Word of God provides the wisdom we need to offer comfort, practical aid, and guidance to those who are hurting. This booklet does not deal with every aspect of abuse but discusses biblical principles that will apply to all situations.	<ul style="list-style-type: none"> • Abuse victims
Abuse	Living with an Angry Spouse- help for Victims of Abuse Edward Welch You Married someone you trusted, and now you are facing unpredictable anger or outright physical abuse.	<ul style="list-style-type: none"> • Victims • People who want to help them

This is betrayal at its worst. Most likely you are numb, scared, confused and paralyzed. How do you take a step when you are so afraid? Ed Welch shares how hope and change come from knowing God who hears you and promises to deliver you. He has the power to fill you with his love- a love that is patient, kind, and says no to injustice. As you are guided by God's love, you will have the courage to take the practical steps outlined in this booklet.

Abuse

Sexual Abuse- Beauty for Ashes- Rober W. Kellelmen

- Victims

Sexual abuse ravages the soul, causing unimaginable distress, damage, and disgrace. It is faced honestly and openly in the Bible yet we either mistrust it or ignore it, remaining in greater denial than many abuse victims themselves. Can the church truly help those who have been sexually abused? Bob Kellelmen uses the example of Amnon and Tamar to portray realistically the damages wrought by sexual abuse and the relevancy of God's Word to this difficult topic. He then takes us on a journey toward healing, helping sufferers to reclaim beauty from the ashes of abuse and to move from victim to victor.

Abuse

Sexual Assault – Healing Steps for Victims -David Powlison

- Victims of sexual assault

Sexual assault is an invasive event of traumatic evil. You were victimized, and now you are suffering. Whenever sexual abuse occurs, love is not part of the equation. Rather, the perpetrator uses power, domination, and control to injure innocent victims. In CCEFs Sexual Assault: Healing Steps for

	<p>Victims, David Powlison gently leads those who have been wounded sexually to a deeper relationship with God--beyond the pain--with biblical action steps. By embracing their identity in Jesus, sufferers will not only understand the emotional and spiritual battles they face as sexual assault victims, they will be equipped to effectively overcome any fear, worry, anger, and shame and to offer hope to others in similar situation.</p>	
Addictions	<p>Breaking the Addictive Cycle – Deadly Obsessions or Simple Pleasures? <u>David Powlison</u></p> <p>True pleasure comes from loving God and enjoying His gifts. Worldly pleasure ups the ante, does not give lasting joy, & leaves you craving more. Practical strategies & action plan</p>	<ul style="list-style-type: none"> • Seeking for satisfaction from shopping, drinking, drugs, food, fun, gaming • Pleasure-seekers
Addictions	<p>Hope and Help for Video Game, TV, and Internet Addiction- Mark Shaw while not physically addictive, excessive video gaming is considered to be a type of “addiction” because of the destruction that gaming behaviors can cause. In our culture, however, it is more acceptable to label it as an “addiction” rather than as a “sin problem” . Sinful heart desires of escape, pleasure, power and love of control lead gamers to seek the temporal pleasures of excessive gaming. Worldly thinking does not embrace the idea of serving God, working hard, and giving to others.</p>	<ul style="list-style-type: none"> • Gamers • Parents • Leaders • counselors
ADD	<p>ADD wandering Minds and Wired Bodies <u>Ed Welch</u></p> <p>What is ADD? What are strengths and weakness of ADD Children? Noting both the challenges and responsibilities of ADD children. Ed clarifies both the physical and spiritual dimensions with help, encouragement and biblical wisdom.</p>	<ul style="list-style-type: none"> • Parents • Adults who fit this profile

ADHD	ADHD <u>Rita Jamison</u> Understanding the ADHD label and evaluating where to turn for help. The diagnosis: 18 behavioral characteristics in the DSM IV and in God's Word.	<ul style="list-style-type: none"> • Parents • Christian workers
Adopted child	Helping Your Adopted Child – Understanding Your Child's Unique Identity <u>Paul David Tripp</u> Understanding your adopted child from God's perspective. Practical strategies for change; watch your own heart; and teach your child about identity in Christ.	<ul style="list-style-type: none"> • Adoptive parents
Adultery	Help! My Spouse Committed Adultery – first Steps for Dealing with Betrayal <u>Winston T Smith</u> Finding refuge in God Ps 91:2 to trust God for your spouse, forgive in the process, and remember that Jesus makes all things new.	<ul style="list-style-type: none"> • Betrayed by spouse • Feel guilty or responsible • Responding as a victim • Can't forgive
Adultery	How to Save Your Marriage Alone—Ed Wheat, MD This best-selling book may be small, but it's potent medicine for your marriage. Family physician, biblical counselor, and certified sex therapist Dr. Ed Wheat has helped thousands of troubled couples improve their love lives and build happier marriages with his unique counseling methods. In How to Save Your Marriage Alone, his understanding and candid advice--based squarely on concepts from the Bible--can transform a marriage even when only one of the partners learns the principles of building love and applies them consistently.	<ul style="list-style-type: none"> • Married couples
Adultery	Restoring Your Broken Marriage – Healing after Adultery <u>Robert D Jones</u> Inviting God's presence & power into the marriage when spouses are standing on opposite sides of the betrayal, yet	<ul style="list-style-type: none"> • Marriages struggling through infidelity • The offended spouse • The offending spouse

	both experiencing the results of the sin.	
Anger	Anger Escaping the Maze <u>David Powlison</u> What it is and why we have it. He exposes three common misconceptions that leave us powerless to overcome anger. He guides us to biblical truths and outcomes that honor God and teach us how to live.	<ul style="list-style-type: none"> • General • Understanding anger
Anger	Angry At God? Bring Him your Doubts and Questions <u>Robert Jones</u> We should not take a “grin and bear it “ approach to our anger, nor should we rashly vent our emotions to God. Instead, we need to humbly bring him our struggles, doubts, and question. We must learn to be transparent in God’s presence, think biblically, and act obediently.	<ul style="list-style-type: none"> • General • People who blame God for their suffering.
Angry children	Angry Children: Understanding and Helping Your Child Regain Control <u>Michael Emlet</u> Explains deeper heart issues and possible physical weaknesses that can fuel angry explosions. Includes practical strategies for change and for crisis moments.	Parents of angry children who <ul style="list-style-type: none"> • Have low frustration level • Throw tantrums • Display aggression, defiance or opposition to others
Anger, Anxiety and Fear	Anger, Anxiety and Fear - A Biblical perspective <u>Stuart Scott</u> Life dominating sins that greatly hinder us from becoming more like Him. Living in an uncertain world increase, these sins in our daily lives. We need to guard against these sins and know how to deal with temptation when it comes.	<ul style="list-style-type: none"> • General
Attitude	Attitude of Gratitude — <u>Nancy Leigh DeMoss</u> "The importance of this matter of gratitude can hardly be overstated. I have come to believe that there is nothing more becoming in a child of God than a grateful spirit. By the same token, there is probably nothing that makes a person more unattractive than the absence of a grateful spirit... When we choose the	<ul style="list-style-type: none"> • General

pathway of worship and giving thanks, especially in the midst of difficult circumstances, there is a fragrance, a radiance that issues forth out of our lives to bless the Lord and others. On the other hand, when we give in to whining, murmuring, and complaining, we end up on destructive slide that ultimately leads to bitterness and broken relationships... Like a poisonous vapor, this subtle sin is polluting our lives, our homes, our churches, and our society. A grateful man or woman will be a breath of fresh air in a world contaminated by bitterness and discontentment."

Authority	God As Father – When Your Own Father Failed - <u>David Powlison</u> When your earthly father has hurt you, how can you know God as a loving heavenly Father? Some say it can't happen unless someone will stand in your father's place, giving you a loving new image to use in relating to God. Is this true? David Powlison says that this well-intentioned perspective will fail to meet the need. It overlooks the way our own hearts contribute to our view of God. And it makes our hope for change dependent on another person, instead of connecting us to the power of Christ and his Word. In encouraging yet challenging ways, Powlison shows us that God is at work through and despite our father's failures to help us know him as our true heavenly Father.	<ul style="list-style-type: none"> • <u>Counselor</u>
Authority	Frustrated by Authority – Victorious Living Under Imperfect Authority <u>Bob Smith</u> Godly submission and God's plan for leadership when leadership fails	<ul style="list-style-type: none"> • Disrespectful to authority • Parents, Adults and teens
Blended family	Help for Stepfamilies – Avoiding the Pitfalls and Learning to	<ul style="list-style-type: none"> • Blended families

	<p>Love <u>Winston T Smith</u></p> <p>Hope: “God’s family is a stepfamily.” Blending traditions, values, and interests, parenting styles and developing relational spiritual unity in your blended family.</p>	<ul style="list-style-type: none"> • Through adoption, placement • Resulting from divorce
Bitterness	<p>Bitterness: The Root that Pollutes – Lou Priolo Biblical definition and identifying its outward signs and encourages you to recognize bitterness in your own life. He lays out a victory plan by repaying other’s evil with good.</p>	<ul style="list-style-type: none"> • Christians who struggle with hurts from others
Bitterness	<p>Freedom from Resentment – Stopping Hurts from Turning Bitter – Robert D. Jones Feeling trapped by resulting hostility, ongoing broken relationships, and inability to move on. Can you escape the sorrow and soul impoverishment that bitterness brings? He outlines practical ways to live out the gospel in difficult relationships, Healing and freedom is possible, even for long lasting hurts.</p>	<ul style="list-style-type: none"> • General
Bitterness	<p>How to be free from Bitterness – Jim Wilson Bitterness often grows out of a small offense- perhaps a passing word, an accidental shove, or a pair of dirty socks left in the middle of the living room floor. Yet when bitterness takes root in our hearts, its effects are anything but small. We are called to leave the bitterness and anger of the world and instead embrace the love and compassion of our God.</p>	<ul style="list-style-type: none"> • Christian who struggle with others. • General
Child Abuse	<p>Recovering from Child Abuse – Healing and Hope for Victims <u>David Powlison</u></p> <p>Struggles of adults who have experienced childhood abuse: trusting others, having healthy sexual relationships, being filled w/ bitterness, disciplining their own children & dealing w/ any</p>	<ul style="list-style-type: none"> • Adults who experienced abuse • Those working with them for recovery

	conflict or confrontation.	
Chronic Fatigue	<p>I'm Exhausted: What to Do When You're Always Tired</p> <p><u>David Powlison</u> - As a chronic fatigue sufferer, life as you once enjoyed it has ceased. Fatigue can be brought on by a myriad of physical, emotional, or spiritual issues. But, whatever the cause, your entire world is now affected by your diminished physical strength. David Powlison understands how debilitating and demoralizing a constant state of fatigue can be through his own five-year struggle after heart surgery. Powlison encourages sufferers that, unlike the world, God embraces the weak and provides strong, enduring resources through Christ for moment-by-moment strength. Readers will learn to adjust their thoughts and expectations and lean into the steady arms of Christ.</p>	<ul style="list-style-type: none"> • Chronic fatigue sufferer
Communication	<p>"Deception—Letting Go of Lying" - Lou Priolo</p> <p>"Thou shalt not bear false witness." 'Becoming a Truth Teller' This booklet deals with the problem of habitual lying and offers solid biblical solutions to guide the reader toward speaking truth.</p>	<ul style="list-style-type: none"> • Habitual Liars • Liars "just on vacation"
Communication	<p>Can We Talk – The Art of Relationship-Building <u>Rob Green</u></p> <p>Another conversation ends in frustration or even anger. You want to communicate well and to grow deeper in your relationships, but either you can't seem to find the words or always seem to come up with the wrong ones. How can you develop greater intimacy if you can't seem to have a productive conversation? Far more than simply offering techniques for learning to communicate effectively, Rob Green</p>	<ul style="list-style-type: none"> • (Pre) and Married couple • General audience

	offers wisdom for getting to the heart of your communication struggles in <i>Can We Talk? The Art of Relationship Building</i> . By helping you see how your desires motivate your speech, he draws you back to the gospel of Jesus Christ for freedom from old patterns of relating and for a heart that moves toward others in love.	
Communication	<p>Words That Cut –learning to take criticism in Light of the Gospel – Peacemaker Ministries</p> <p>How do you react to criticism? Do you pout or feel humiliated? Do you play down your error and try to shift the blame? Or do you seek to defend yourself, boasting about your "good deeds" in order to prove the criticism wrong? What difference does the cross of Christ make when we are being criticized? <i>Words that Cut: Learning to Take Criticism in Light of the Gospel</i>, by Alfred Poirier, examines how to give <i>and</i> take criticism as a follower of Jesus Christ. In this booklet,</p>	<ul style="list-style-type: none"> • General audience • Helps in reacting to criticism
Communication Conflict	<p>Communication and Conflict Resolution – Stuart Scott</p> <p>God honoring way involves having a heart that is humble and wants to please God, some good listening skills, and a willingness to die to self. Conflict is a grievous thing to God. Biblical ways to resolve conflict and communicate effectively.</p>	<ul style="list-style-type: none"> • General
Conflict	<p>Biblical Peacemaking- building Real Relationships – Ken Sande/ Gary Friesen</p> <p>Is there a relationship in your life that is hindered or broken by conflict? Making peace can be challenging , but God has graciously given us clear and helpful truths that are effective in any conflict between people. Four principles drawn from scripture.</p>	<ul style="list-style-type: none"> • General • Believers in Conflict • Helping those who are

Conflict	Conflict – A Redemptive Opportunity <u>Timothy S Lane</u> Approaches conflict as an opportunity to grow and deepen your relationship w/ God and others (James 4 and 1 Thess. 4-5)	<ul style="list-style-type: none"> • Believers in conflict • Helping those who are
Desires	Just One More – when Desires Don’t take No for Answer - Ed Welch Sometimes our desire can be cruel lovers. We think we should be rid of a particular desire but we feel stuck. The problem is more complicated than just being stuck. Might there be a path to true change? If so do you want to take the path? Ed’s answer will introduce you to someone with words of comfort and hope you may never have heard before.	<ul style="list-style-type: none"> • General • Cravings
Depression	Depression – The way up when you are down- Edward T Welch Lost Ambition: emotional numbness, Fear and withdrawal, Fatigue. Marks of what is commonly called depression. Provides manageable steps for getting started on the path that leads out of depression.	<ul style="list-style-type: none"> • General
Discontentment	Discontentment- Why am I so unhappy? Lou Priolo helps you identify discontentment in your life through first analyzing the level of your contentment. What more, he helps you move forward. Describing what true biblical contentment is and laying out Scripture’s own direction for cultivating it.	<ul style="list-style-type: none"> • General
Divorce	“Divorce--Before You Say I Don’t” – Lou Priolo lays out the consequences of an unbiblical divorce and refutes 9 common justifications for obtaining one.	<ul style="list-style-type: none"> • Those in Marriage Conflict
Divorce Recovery	Divorce Recovery – Growing and Healing God’s Way <u>Winston T Smith</u> Finding hope in God’s presence Ps 10:14. Overcoming shame,	<ul style="list-style-type: none"> • Seeking recovery from divorce • Plagued with grief, fear, guilt and anger

	anger, bitterness, guilt. And suggestions for helping your children.	<ul style="list-style-type: none"> • Stuck in the problem not the solution
Eating Disorders	Eating Disorders – The Quest for Thinness <u>Edward T Welch</u> Descriptive charts for anorexia and bulimia. A form of idolatry, including: laws, rituals, sacrifice, penance, idols of comfort and control and the hope of salvation.	<ul style="list-style-type: none"> • Those struggling with these eating disorders and their caregivers
Evangelism	Evolution – Fact or fiction? John Blanchard The theory of evolution has been called 'the most powerful and the most comprehensive idea that has ever arisen on earth'. It has been so passionately argued and so heavily promoted in the mass med	<ul style="list-style-type: none"> • Everyone
Evangelism	How Can I Become a Child of God? – AIG This booklet is written especially for children and answers the eternally important question, "How Can I Become a Child of God?" From the creation account in Genesis to the new heavens and new earth promised in Revelation, the history of the universe is revealed through the plan of redemption in Jesus Christ. Uses the KJV Translation. Passing God's truths and works to the next generation is a command from God (Psalm 145:4). This full-color booklet is written especially for children and answers the eternally important question, "How Can I Become a Child of God?" From the creation account in Genesis to the new heavens and new earth promised in Revelation, the history of the universe is revealed through the plan of redemption in Jesus Christ.	<ul style="list-style-type: none"> • Parents/ children
Evangelism	Ultimate Question – John Blanchard There are deeper question like who am I? Why am I here? Where am I going?	<ul style="list-style-type: none"> • General – pictures included

	Does life have a purpose? But the ultimate question are about God/ Does He exist? What is He like? Can I know Him and experience His power in my life? And How?	
Evangelism	Where do We Go From Here? – John Blanchard It exposes the heretical ideas that have deluded millions of people over the centuries, and points clearly to truths that have a surer foundation than any man –made vies. Above all it shows how to approach the end of life not with uncertainty or fear but with confidence and joy.	<ul style="list-style-type: none"> • Anyone
Evangelism	Why Did Jesus Com to Earth? – John Blanchard who was this Jesus? Do we actually know when he was born? Was there a special purpose in his birth? Is there anything that marks him out as being different from the other 60 billion people in human history? How can the few years he spent her have any possible relevance for people living in the 21 st Century? Why should we bother to find out?	<ul style="list-style-type: none"> • General
Family	Family Feuds—How to Respond—Timothy S Lane do you dread family get together and try to avoid your extended family whenever you can? When you see your family, do you sometimes regret the way you talk and act? Why is it so hard to get along with the people we grew up with? Childhood hurts, unrealistic expectations, and old patterns resurfacing are just some of the reasons that Tim shares for unresolved family feuds. But despite these challenges, you can learn to love your family. Change happens as you look honestly at your family and yourself, grow in understanding God’s love and mercy for you and reach out with love in	<ul style="list-style-type: none"> • Family Relationships

concrete, practical ways.		
Family	<p>Help for the Caregiver: Facing the Challenges with Understanding and Strength <u>Michael Emlet</u></p> <p>You spend your days (and maybe nights) helping someone else. If you are a caregiver for someone who is chronically ill, you have already discovered there is a need to be more compassionate, thoughtful, and sacrificial than you ever anticipated. But, to be able to continue your physically and spiritually demanding caregiving, you need help too. Dr. Michael R. Emlet offers you help to think biblically about your struggles and the struggles of the person you are caring for. Then he shares useful strategies for avoiding social, physical, and spiritual caregiving burnout.</p>	<ul style="list-style-type: none"> • Chronic Caregiver (burnout) • Chronic Care recipients
Family	<p>How to Love Difficult People: Receiving and Sharing God's Mercy <u>William P. Smith</u></p> <p>Surrounded by prickly, defensive, nasty, volatile, withdrawn, miserable difficult people. How do you cope? Avoid them, gossiping about them, or giving them a piece of your mind. –God's love and forgiveness is as much for you too! Changing your actions toward difficult people in your life might encourage them to change too!</p>	<ul style="list-style-type: none"> • At home, church and work
Family	<p>Life Beyond Your Parents Mistakes—<u>David Powlison</u></p> <p>What if your human parents were violent, deceptive, cold, or even just occasionally disappointing? Can their failures keep you from understanding God's love and having a growing relationship with your heavenly Father? Some say that you can't know God's love unless someone will stand in your</p>	<ul style="list-style-type: none"> • Family Relationships

	<p>parents' place, giving you a loving new image to use in relating to God. But is this true? In CCEFs Life Beyond Your Parents' Mistakes: The Transforming Power of God's Love, David Powlison speaks compassionately to those who are disappointed by their human parents, and he uses God's Word to show that our parents' mistakes cannot stop us from knowing God and his unfailing love. Using case studies from his extensive counseling experience, Dr. Powlison explains how turning to God for mercy and help will transform your life and your relationships,</p>	
Family	<p>Starting Over – How Not to Screw Up Your Next Relationship <u>William P Smith</u> “How you relate to others always reflects the state of your faith in God. (Include a Self-assessment and others-assessment of you)</p>	<ul style="list-style-type: none"> • Your relationship don’t work out • Divorced • Single
Family	<p>Who Should I Date? Relationship Advice for the Real World <u>William P Smith</u> Six contrasting character traits to consider when evaluating friends</p>	<ul style="list-style-type: none"> • Parents • Teens
Fear	<p>“Fear—Breaking Its Grip” – Lou Priolo – The role of selfishness plays in fear.</p>	<ul style="list-style-type: none"> • General • Fearful
Fear	<p>Borderline Personality – A Scriptural Perspective – Cathy Wiseman Sufferers of borderline personality disorder face disaster in their relationships as intense fears and feelings rule their hearts and choices. This detailed, thorough study explains how God s Word can heal the havoc of borderline personality.</p>	<ul style="list-style-type: none"> • General

Finances	When the Money Runs Out – Hope and Help for the Financially Stressed <u>James C Petty</u> Opportunities: 1) gain true wealth of contentment 2) examine what money means to you 3) gain new perspective on the purpose of money 4) develop wise spending habits including an assignment to develop a budget for living within your means	<ul style="list-style-type: none"> • Anyone evaluating their finances or budget or money • Pre-marriage counseling • Experiencing financial stress • Need to develop a budget
Forgiveness	Forgiveness – “I Just Can’t Forgive Myself!” <u>Robert D Jones</u> 5 possible assumptions behind the longing for self-forgiveness. Underlying issue is guilt. Refutes the notion of the offender being his own judge, jury and propitiation.	<ul style="list-style-type: none"> • Self-appointed judge • Self-absorbed rather than thankful for God’s grace
Forgiveness	Forgiveness – Showing Grace When You’ve Been Hurt - <u>Rob Green</u> Why I should forgive. What Biblical forgiveness means	<ul style="list-style-type: none"> • Unforgiving
Forgiveness	Forgiving Others: Joining Wisdom and Love <u>Timothy Lane</u> 1) What forgiveness means 2) How to offer forgiveness 3) How to ask for forgiveness 4) Why we don’t forgive & how to change	<ul style="list-style-type: none"> • Those who need to forgive • Those who need forgiveness
Forgiveness	Handling the Past Biblically – Breaking the Chains That Can Hold You Back <u>Steve Viars</u> The guilty past: 3 principles (Prov 28:13) The innocent past: 3 principles (Ps 119:71)	<ul style="list-style-type: none"> • Experiencing low grade anger • Spontaneous angry responses • Profound lack of joy
God’s Love	God’s Love – better than unconditional- David Powlison "God's unconditional love." Sounds nice, but is it enough? Is there more to God's love? David Powlison challenges our common assumption about the	<ul style="list-style-type: none"> • General • People who question God’s love

	<p>nature of God's love. Although wonderfully accepting, divine love is also intrusive, intimate, personal, and active. Instead of simply loving us as we are, God loves us enough to change us. Powlison acknowledges four underlying truths of unconditional love, offers biblical improvements on the idea, and urges us to see God's love for what it really is--better than unconditional.</p>	
God's Mercy	<p>How to Love Difficult People- Receiving and Sharing God's Mercy – William P. Smith Surrounded by prickly, defensive, nasty, volatile, withdrawn, miserable difficult people. How do you cope? Avoid them, gossiping about them, or giving them a piece of your mind. –God's love and forgiveness is as much for you too! Changing your actions toward difficult people in your life might encourage them to change too!</p>	<ul style="list-style-type: none"> • Everyone
Grief	<p>"Grief—Learning to Live with Loss" – Howard A Eyrich Many Christians do not handle grief well. Howard Eyrich seeks counsel in the pages of God's Word and shows you how to work through your grief, emerging on the other side grown and matured.</p>	<ul style="list-style-type: none"> • Grieving losses of loved ones • A great tool for comforters
Grief	<p>Facing Death with Hope – Living for What Lasts <u>David Powlison</u> Facing the shadows of death: loss of health, loved ones, youth, independence, usefulness & meaning w/ clear Gospel message</p>	<ul style="list-style-type: none"> • Facing life-threatening illness • Accepting our own mortality • Terminal illness
Grief	<p>Grief – Finding Hope Again <u>Paul David Tripp</u> Practical Strategies for dealing with grief - No matter what the circumstances, death shakes us to the core. It seems so wrong, and it is! We long for comfort, but we don't know where to</p>	<ul style="list-style-type: none"> • Grieving believers

	<p>look. Can God really help when we are overwhelmed with grief? With compassion and biblical wisdom, Paul David Tripp shows us how to think and what to do when death enters our door in CCEFs Grief: Finding Hope Again. He reminds us that we have a Savior who knows our sorrows, hears our cries, and promises to one day wipe away all tears. Hope and healing come from our relationship with Jesus, the One who promises to walk all the way through the valley of the shadow of death with us.</p>	
Grief	<p>Grieving with Hope – Leaning on Jesus Tim Wesemann Psalm 34:18 The funeral ends, but the fog of grief lingers. The heartache continues, and so do the tears. But don't miss what also remains- hope- Hope through Jesus Christ. It's not mere wishful thinking, but the sure and certain hope given by the One who embodies the gift.</p>	<ul style="list-style-type: none"> • Grieving believers • People who desire to help others through this process
Grief	<p>Remembering My Someone Special – Jesus Fives Me Hope Jane Wilke</p> <p>Uses activities, questions, and comforting Scriptures to encourage children ages 7-12 to process their grief.</p>	<p>For Parents/ Adults to use with Children who has loss someone they love</p>
Grief	<p>When a Child Dies from A Christian Home – Coping with the loss of a child from a Christian perspective</p> <p>Jay E. Adams –Helps you understand the proper way for a Christian to grieve over such a sad event. Takes you through many passages of scripture.</p>	<ul style="list-style-type: none"> • Grieving Parents/Friends
Grief	<p>When A Christian Parent Dies- coping with the loss of a parent from a Christian perspective</p> <p>Jay E. Adams – Points you to the real comfort that you may have as you remember and think about your parent who is no longer with you. Takes you through many passages of</p>	<ul style="list-style-type: none"> • Grieving Children of believers/ people helping them

scripture. Questions included to ponder.		
Grief	When A Christian Spouse Dies- coping with the loss of a spouse from a Christian perspective <u>Jay E. Adams</u> – Discover how God views death of your spouse and how they are viewing their own death with the blessings of heaven. Takes you through many passages of scripture.	<ul style="list-style-type: none"> • Spouses and people helping them
Grief	When Loved Ones Are Taken In Death <u>Lehman Strauss</u> – Attitude toward death, with its accompany sorrow and bereavement, should be and what God has for us left behind.	<ul style="list-style-type: none"> • General Believers
Grief/Suicide	Grieving A Suicide – ‘Help for the Aftershock <u>David Powlison</u> What God has revealed is given so you can live. What hasn’t been revealed to you is meant to be a secret thing	Grieving loss from suicide: <ul style="list-style-type: none"> • Reacting in anger, guilt, betrayal and stuck in unanswerable questions
Growth	Found: God’s Will- find the direction and purpose God wants for your life- <u>John MacArthur, Jr</u> -Six principles for knowing when you have found God’s Will.	<ul style="list-style-type: none"> • General
Growth	Growing up in God’s Family- AIG Children who want to follow Jesus. Now what do I do?	<ul style="list-style-type: none"> • Children and Parents
Growth	How to Handle Trouble— <u>Jay Adams</u> —based on Phil 1:12-26	<ul style="list-style-type: none"> • General
Growth	Motives – “Why Do I Do the Things I Do?” <u>Edward T Welch</u> People are complex. There is behavior that we see and motives that we don't. Behind the <i>what we do</i> of our lives is the <i>why we do it</i> . Edward T. Welch challenges us to peer more closely into the <i>why</i> . He insightfully reveals that, according to God's Word, the	<ul style="list-style-type: none"> • General • Introspection

	<p>heart is the source of all human motivation. Our hearts contain motives such as pleasure, happiness, meaning, power, comfort, control, success, peace, freedom, reputation, respect, and love/intimacy.</p> <p>Welch encourages us to ask questions to discover some of our deeper motives:</p> <ul style="list-style-type: none"> - What do you hope for, want, crave? - What do you fear? What do you worry about? - When do you say, "If only . . . "? 	
Growth	Pleasure <u>David Powlison</u> Discover the telltale signs we are <i>misusing</i> pleasure.	<ul style="list-style-type: none"> • Amusement oriented
Growth	Priorities Mastering Time Management – James c. Petty do you wish for more hours in the day? A shorter “to do” List? Control in the mist of chaos. With insight and clarity, james helps bring focus into frazzled lives. Using :Assessing My Priorities” worksheet, he walks us through the process of organizing time under the categories of God, the people of God, and God’s work in the world. With sound biblical daveice and practical application in way which we can reduce unnecessary stress, identify true priorities, and begin to get our overbooked schedules under control.	<ul style="list-style-type: none"> • Busy stressed out lives • general
Growth	Rest – Winston T. Smith What makes it hard for you to rest? A fear of failure or of disappointing other? The burdensome conviction that no one else can do the job as it needs to be done? The nagging need for respect and approval? Fears about your own inadequacies. If you have ever lamented, “If I don’t do it , who will? The problem is more than busyness.	<ul style="list-style-type: none"> • Exhausted and anxious people • General

	You've missed what it means to know God as creator and liberator in the part of your life. No wonder you are exhausted and anxious!	
Guidance	Guidance – have I missed God's Best? James C. Petty What Choice should I make? How do I know that my decision will fit with God's plan for me? For those who are in Christ, there is only one Plan. (Rom 8:28)	<ul style="list-style-type: none"> • General
Guilt	Freedom from Guilt – Finding Release from Your Burdens <u>Timothy S Lane</u> How to find forgiveness and freedom from guilt; discusses wrong ways to deal w/ guilt Heb 4:12-16	<ul style="list-style-type: none"> • Live under a cloud of guilt • Don't feel accepted in Christ
Homosexuality	Homosexuality –Speaking the Truth in Love= Edward T Welch Defending the Scriptures and rehearsing the need for the gospel. Welch supplies us with the timely biblical and biological insight into homosexuality. Just as importantly he calls us to examin our attitudes in order to minister to homosexuals truthfully, compassionately, humbly and persuasively.	<ul style="list-style-type: none"> • Adults/ Parents/Homosexuals
Hurts	Overcoming Hurts – Dr Ralph Woerner Thing we do with hurts- internalize, retaliate, or forgive. Our physical and emotional health is tied to our willingness to forgive. What God expects from us.	<ul style="list-style-type: none"> • General
Humility	"Selfishness—From Loving Yourself to Loving Your Neighbor" – <u>Lou Priolo</u> presents how to put off the 'mother of all sins" and 'replace it with a new biblical foundation: Selfless, godly love."	<ul style="list-style-type: none"> • Targeting Sin's Foundation complete with homework • General
Illness	Facing Illnes with Hope- Leaning on Jesus – Tim Wesemann Filled with words of encouragement, hope-filled Scripture, and	<ul style="list-style-type: none"> • People who are ill • People who are diagnosed with

	heart stirring prayers, this book provides a journey through the emotional turmoil that a serious illness causes. Through each stage of diagnosis and treatment, this book poignantly and compassionately presents God's gift of hope during times of illness and pain.	<ul style="list-style-type: none"> life illness • People who want to help a person who is ill
In-Laws	"In-Laws—Married with Parents" – <u>Wayne A Mack</u> provides straight forward guidance including 6 appendixes to help assess the state of your in-law relationships.	<ul style="list-style-type: none"> • Couples • Parents
Judging	Judging Other – the Danger of Playing God – Ken Sande We interact with other people, we must constantly make judgments about their words and actions so that we can respond to them appropriately. But the Bible warns that we are prone to look for the worst in people at times and we judge them more critically than they deserve. This booklet provides practical ways to guard against this tendency and to follow Jesus example of making accurate and charitable judgments about others.	<ul style="list-style-type: none"> • General
Judging	"Judgments—Rash or Righteous" - Lou Priolo : Knowing When to Judge' When is it biblical for believers to make judgments? Priolo identifies eight forms of rash judgments to be avoided and offers nine guidelines about snap judgments. Includes worksheets.	<ul style="list-style-type: none"> • Immature • Critical or Angry people
Judging	A Caution to the Presumptuous — <u>Charles H Spurgeon</u>	<ul style="list-style-type: none"> • General
Living Together Before Marriage	So What's Wrong with Living Together? <u>Jeffery a. Miller</u> A Biblical Response to Cohabitation	<ul style="list-style-type: none"> • General • Parents • Adult/ Teens

Unmarried couples living together is so common today that many people are surprised to hear it called "sin". Some respond, "Well times have changed," and that is true. But God has not changed, and neither has His standard of holiness. If you are someone who truly wants to honor God in your life, you want to know what His Word has to say about cohabitation. Jeffrey Miller presents a practical viewpoint to those who haven't closed their minds to a biblical perspective. This booklet includes insightful responses to common reasons for "Living Together." "We live in a day when the idea of living together is more popular than it has ever been before. In a compassionate manner that even those believing in or contemplating this sin can swallow, Jeff lifts up God and His Word and exposes this cheap substitute for God's perfect design as the sugar-coated poison it is." - Stuart Scott, Associate Professor of Biblical Counseling, Southern Baptist Theological Seminary

Lordship

From Pride to Humility—Stuart Scott—God has given us a model to follow in order to be what He wants us to be, and that model is the person of Jesus Christ. We must first want to glorify God with our lives and realize that it is Christ likeness that will help us to do that. The humility of Jesus Christ is His most stunning attribute, and the sin of pride is probably the most detestable to God. Pride is a form of self-worship and is often manifested in the most subtle ways. Contained within this small volume is an exhaustive list of manifestations of pride, which we must Put Off, followed by the challenging attributes of humility, which we must Put On through the Holy Spirit.

- General

Lordship	Godliness through Discipline—Jay Adams— based on 1 Tim 4:7 This is a helpful and practical booklet that directs the Christian to lead a more godly life. We all desire this but how do we do it?	<ul style="list-style-type: none"> • General
Lordship	Burned Out? Trusting God with your ‘To-Do’ List - Winston T Smith Often, in our busy world, our lives feel like one long ""to-do"" list. It's easy to get so busy that we don't even notice how exhausted and anxious we are. Do you find yourself saying yes to activities you don't have time for? Have you ever said, ""If I don't do it, who will?"" An overloaded schedule and an inability to rest are signs of approaching ""burnout."" Instead of giving you organizational tips (and thus more to do!), Winston T. Smith helps you to look at what drives your busyness and points you to the rest and peace that comes from a deeper trust in God. In CCEFs Burned Out: Trusting God with Your To-Do List, Smith will show you how to build rest into your life and break free from the things that keep you from peace. Building trust in the labor of Christ. ‘Whom do you Serve?’ & ‘Is Jesus Your Sabbath?’ (See also: Rest)	<ul style="list-style-type: none"> • Workaholic • Perfectionist • Those trusting self-effort
Manipulation	“Manipulation—Knowing How to Respond” – Lou Priolo - how to discern the causes of manipulative behavior, avoid its affects and still maintain a Christ-like attitude.	<ul style="list-style-type: none"> • General
Marriage – Pre engagement	Pre Engagement- 5 questions to ask yourselves – Powlison&Yenchko How do you know if you’re ready to marry? What are the signs that a man and a woman are heading in the same direction and are right for each other?-	<ul style="list-style-type: none"> • Couples contemplating marriage • Young adult thinking about marriage

	<p>these questions bring light to basic convictions, assumptions, expectations, priorities, and more. These will help couples think through and discuss them they will get to know themselves and each other better- a wise investment toward building a marriage.</p>	
Marriage	<p>Marriage – Whose Dream? Paul Tripp If your marriage seems less than ideal, is your patience with God wearing thin? It is possible to get caught up on our own dreams and expect God to deliver on our terms, but what if God’s dream for your marriage differs from yours? What if his plan is to sanctify you through the struggles of a challenging relationship? If your dream for the ideal marriage were to crumble, would your hope and joy crumble?</p>	<ul style="list-style-type: none"> • Married Couples
Marriage	<p>Marital Intimacy – Rejoicing in What God Created Rob Green God's design for Marriage: mutual duty & responsibility; importance of joy & satisfaction; obstacles to overcome including past hurts and bitterness</p>	<ul style="list-style-type: none"> • Married couples
Marriage	<p>Renewing Marital Intimacy David Powlison Parable of sower and “soils of the heart.” Knowing the Redeemer intimately prepares the heart for other relationships</p>	<ul style="list-style-type: none"> • Marriage marked by a lack of intimacy, unity or trust
Marriage	<p>Self- Centered Spouse – Help for chronically broken marriages Brad Hambrick Anyone who is married is already a self-centered spouse... but when this all-too-common sin becomes severe and chronic, it results in a marital environment of abuse or neglect—leaving the victimized spouse feeling trapped and hopeless. But how might this hopelessness change if we knew that Jesus addressed just such chronically broken relationships?</p>	<ul style="list-style-type: none"> • Spouses - self centered • Counselors • Troubled Marriages

Brad Hambrick examines Jesus' teachings about relationships to show us how we can turn the other cheek while keeping away from unhealthy and destructive paths. He identifies different types of self-centered spouses to show us what we are dealing with, shares strategies for interacting with them, and points to evidences of genuine change to bring hope to anyone living with a chronically self-centered spouse.

Marriage Roles	Who Does the Dishes? Decision Making in Marriage <u>Winston T Smith</u> Excellent comprehensive explanation on marriage roles and responsibilities. How love applies to every day decisions.	<ul style="list-style-type: none"> • Spouses • Parenting re: marriage roles • Engaged
Miscarriage	Miscarriage – You Are Not Alone <u>Stephanie Green</u> Encouragement from 1 Cor 10:13. Comfort in Jesus and comforting others.	<ul style="list-style-type: none"> • Women • Couples who have experienced a miscarriage
Mood Swings: Mania	Bipolar Disorder – Understanding and Help for Extreme Mood Swings <u>Edward T Welch</u> Everyone feels better some days than others, but some people struggle with exaggerated and unrestrained mood swings. These kinds of mood swings have come to be known as mania, manic-depression, or bipolar disorder. Bipolar disorder is confusing and difficult both for those who struggle with it and for those who care for them. In CCEF's Bipolar Disorder: Understanding and Help for Extreme Mood Swings, Edward T. Welch acknowledges how difficult bipolar disorder is for everyone involved, describes its effects, and then applies God's Word to this serious, life-dominating struggle. When those who have bipolar disorder learn to understand the challenges of mania and depend on God	<ul style="list-style-type: none"> • Living w/ mania, manic-depression (bipolar disorder) • Providing care for them

	instead of their own impressions, then mania will not stand in the way of their having rich relationships with God and others.	
Motherhood	“Motherhood—Hope for Discouraged Moms” – Brenda Payne 7 Key biblical principles with practical advice that brings hope to discouraged mothers through transforming Your trials	<ul style="list-style-type: none"> • Moms
OCD	OCD – Freedom for the Obsessive-Compulsive Michael R Emlet <i>Obsessive</i> : repeated thoughts, recurring doubts, irrational fear, particular order & hoarding. <i>Compulsive</i> : repetitive checking, washing, cleaning, arranging; hoarding. Brain-based vs. heart issues	<ul style="list-style-type: none"> • Those struggling with OCD • Family and friends • Those seeking to help them
Pain	Chronic Pain – Living by Faith When Your Body Hurts Michael R Emlet - God’s perspective on pain (Rom 8:16-25) Practical Strategies for Change	<ul style="list-style-type: none"> • Chronic pain sufferers • Critical illness caregivers
Pain	Fibromyalgia – When the Pain Doesn’t Stop Bob Smith, MD Medical aspects, diagnosis and treatment; God’s Purpose for pain & suffering. Biblical responses to illness and physical symptoms	<ul style="list-style-type: none"> • Chronic pain sufferers • Caregivers of chronically ill
Pain	You Can Trust God- Jerry Bridges It’s hard to trust God when your life is full of pain. Times of adversity shakes our confidence in God yet those are the very times when we most need to trust Him. Three essential truths about God that convinced him God could be trusted.	<ul style="list-style-type: none"> • People experiencing darkness, distress and despair that flood the soul when it seems God doesn’t care.
Pain	Vulnerability – Blessing in the Beatitudes – Brad Hambrick We do not like to be vulnerable. It makes us feel defenseless and opens the door to being hurt. But, as difficult as it may be, vulnerability is necessary for us to be loved by others and is a	<ul style="list-style-type: none"> • General

	<p>healthy character trait when it leads us to take risks for God's glory. So how can we grow in the kind of vulnerability God wants us to have?</p> <p>Brad Hambrick offers a study of vulnerability from an unexpected source: the Beatitudes. He takes us through an examination of each one, highlighting what it says about vulnerability and helping us come to terms with our struggles with it. He also brings encouragement, giving us ways to reflect on and begin implementing these teachings on vulnerability in our own lives</p>	
Past	<p>Bad Memories – Getting Past Your Past <u>Robert Jones</u></p> <p>Dealing with sinful memories from past. Seeing your past redeemed in Christ. 1 Tim 1 teaches a gospel- centered understanding of past deepens your repentance, heighten your gratitude for God’s saving grace, and broadens your effectiveness in helping others with wisdom and compassion.</p>	<ul style="list-style-type: none"> • People who struggle with guilt from the past.
Peer Pressure	<p>Peer Pressure: Recognizing the Warning Signs and Giving New Direction <u>Paul David Tripp</u></p> <p>What God says about seeking “horizontal approval” rather than “vertical” approval? Fear of God is the solution Ps 34:9. Practical Strategies for change.</p>	<ul style="list-style-type: none"> • Parents • Teens (especially) • Those whose approval in rooted in others more than in God
Pornography	<p>Pornography – Slaying the Dragon- David Powlison Private</p> <p>sexual fantasy can preoccupy vast areas of a person’s mental life. “As explicit sexual images proliferate in films and magazines, on television, and over the internet, the temptations increase and the bondage seem unbreakable. Once is gains control of your life you can be delivered.</p>	<ul style="list-style-type: none"> • General

Post-abortion	Healing after Abortion – God’s Mercy Is for You - <u>David Powlison</u> Replacing post-abortive “silence” with confession; Receiving God’s mercy and redemption; finding God’s mercy and becoming a person of mercy	Post-abortive women experiencing <ul style="list-style-type: none"> • Guilt, regret, depression, grief • Emotional turmoil
Problems	Christ and Your Problems – Jay Adams Do you have problems that seem to great to bear? Do you wonder if there is any way out of the mess you are in? Jay offers genuine hope based on God’s promise in 1 Cor 10:13- readers will gain courage to take responsible action, knowing that a real solution is to be found in God’s way/	<ul style="list-style-type: none"> • General
Problems	“Problems—Solve Them God’s Way” – <u>Jay Adams</u> provides practical guidance to help you identify and navigate through various kinds of problems by facing them head-on	<ul style="list-style-type: none"> • General
Procrastination	Procrastination- First Steps to Change – Walter Henegar says “I’ve been procrastinating most of my life. If a task is even remotely unpleasant, my tendency is to put it off. It’s not that I’ lazy; I’m actually very busy, I just wait as long as possible to do the really hard stuff.” Procrastination is acceptable in our culture yet, it is a deeply rooted sinful pattern in our lives.	<ul style="list-style-type: none"> • Busy people • People who put off hard stuff • general
Psychology	Psychologized Man – A Biblical Perspective <u>Martha Pease</u> –understand clearly what is unbiblical about psychiatry, psychology, and Christian psychology.	<ul style="list-style-type: none"> • General / Counselor/ Leaders
Relationships	Should We Get Married?- How to Evaluate Your Relationship – William P Smith You Know you’re in love- you always want to be together, and you think about each other all the time-but does that mean you’re ready to get married? How do you decide if your relationship is strong enough for marriage? Smith gives us questing about your relationship’s strength and	<ul style="list-style-type: none"> • Pastors • Counselors • Pre marriage counseling

	weaknesses. Answering these questions about your vision, goals, and potential conflicts will help you decide together whether you should slow your relationship down or move forward.	
Repentance	How to Get Right with God – James MacDonald Trapped in a cycle of sin-confess, sin –confess? Want to break free? - Practical teaching from God’s Word on the way to a right relationship with God- repentance. Repentance requires all of you: your mind, your emotions and your will.	<ul style="list-style-type: none"> • Everyone
Self-Image	“Self-Image—How to Overcome Inferiority Judgments” – Lou Priolo is your self-perception inaccurate, accurate but not sinful, accurate and sinful.	<ul style="list-style-type: none"> • People pleasers • Low self-worth
Self-Injury	Cutting – Bleeding Away the Pain <u>Amy baker</u> HOPE through Christ and learning to trust God and His Word	<ul style="list-style-type: none"> • Self-mutilators • Cutters
Self Injury	Hope & Help for Self-Injurers and Cutters – Mark Shaw hope in the Bible is a sure promise of what will be. In some instances, the hope is sure because God is going to sovereignly bring it to pass. In other cases, it is God’s promise that He will respond to our obedience. The problem of self injury or cutting is complex, dangerous, and addictive-like behavior. In this booklet, you will receive Hope and Helps as you gain insight for dealing with this problem from a biblical perspective.	<ul style="list-style-type: none"> • Self mutilator • Cutters • Those who want to help them
Self Injury	Relief without Cutting: Taking Negative Feelings to God – Amy Baker People handle the hard things in life in all different ways. What do you do when you get upset? Cry? Blow-up? Get depressed? Or perhaps, no one notices when you're upset because you find a quiet place and cut yourself. You're looking	<ul style="list-style-type: none"> • Self injurors • Counselors and those who love them

	for relief, but is this the respite you really want? Relief without Cutting: Taking Your Negative Feelings to God by Amy Baker of Faith Biblical Counseling shows you there is a better way to manage your negative emotions. Instead of cutting--the never-ending cycle of hiding and going deeper and deeper--you can go to Jesus with all of your troubles. You are precious to him. So precious that he shed his blood for you! His power is big enough to fill you with peace and liberate you from cutting.	
Self Injury	Self Injury –When Pain Feels Good – Edward Welch This is for both the person who injures themselves and those who love them. He helps us understand self injurer’s world and the one who is trapped by this behavior, he lovingly describes a cure that is more attractive than you think.	<ul style="list-style-type: none"> • Self injurers • Those who love them and want to understand
Sex Education	Teens and Sex - How Should We Teach Them? <u>Paul D Tripp</u> A Biblical view of teens and a model of sexuality; 3-Fold Plan for teaching sex education to teens: Prevention; Restoration and Strategizing: Helping Teens Plan for Godly Relationships	<ul style="list-style-type: none"> • Parent • Youth Leaders
Sexual Addiction	Sexual Addiction: Freedom from Compulsive Behavior - <u>David Powlison</u> What is Sexual Addiction? Feeling trapped, out of control and afraid of being found out and unable to stop w/o intervention.	<ul style="list-style-type: none"> • Those addicted to compulsive sexual behavior
Sexual Purity	Sex Before Marriage - How Far is Too Far? <u>Timothy S Lang</u> Comprehensive biblical view of sex and sexual purity for singles whether dating or not: What you need to do to pursue sexual purity	<ul style="list-style-type: none"> • Parent (resource) • Teens

Sexual Purity	Sexual Temptation – How Christian Workers Can Win the Battle <u>Randy C Alcorn</u> #1 We are targeted for sexual immorality #2 We are vulnerable to sexual immorality #3 We are fully responsible for our moral choices “10 Principles and Practical Steps for Cultivating Sexual Purity	<ul style="list-style-type: none"> • Christian Workers • Their spouses • Their accountability partners
Sexual Sin	It’s All About Me – The Problem with Masturbation - <u>Winston T Smith</u> The violations of love that become the habit of your mind contaminate all of your relationships. Loving others God’s way means putting selfish desires to.	<ul style="list-style-type: none"> • Self-gratifying, fantasizing • Pornography user
Sexual Sin	Sexual Sin – Combatting the Drifting and Cheating - <u>Jeffrey S Black</u> Addresses a marriage gone sour, drifting apart, considering divorce & infidelity	<ul style="list-style-type: none"> • Married
Shyness (Social Anxiety)	Shyness and Social Anxiety – When Relationships Are Major Hurdles <u>Amy Baker</u> - Social Anxiety defined; Heart issues discusses: <i>Fear of man, pride, desire for ease</i>	<ul style="list-style-type: none"> • Parents and young people • Fear disapproval of others
Single Parents	Single Parenting – Daily Grace for the Hardest Job - <u>Robert D Jones</u> Viewing self fundamentally as a Christian, not as a single parent.	<ul style="list-style-type: none"> • Single Parents • Remarried parents
Sovereignty of God	Responding Properly – When God’s Plan Differs from Your Own <u>Steve Viars</u> “Adopting” God’s choices when they don’t match yours” Self-Evaluation included	<ul style="list-style-type: none"> • General

Stress	Stress – Peace amid Pressure <u>David Powlison</u> Psalm 131 Are you overwhelmed by stress? On edge? Pressured to achieve? Spinning into free fall? What is the "noise" going on inside you? Or are you quiet inside?	<ul style="list-style-type: none"> • Stressed out
Suffering	Suffering - Eternity Makes a Difference <u>Susan Lutz</u> Christ does not promise to restore our “pre-crisis” way of life, He does promise to restore us (Ps 73).	<ul style="list-style-type: none"> • Major losses • Life altering circumstances
Suffering	When Bad Things Happen – Thoughtful Answers to Hard Questions – William P Smith Is a personal God really involved in our suffering? And if he is, what in the world is he up to? Why would a good God allow suffering in his world?- he shares different ways God uses suffering to bring us into a deeper, more intimate relationship with him. You can learn to see the good that God brings out of suffering and be thankful- not for the suffering itself, but for God and his involvement in your life.	<ul style="list-style-type: none"> • Major loss/ suffering hardships • Hard situations which seem impossible
Suicidal	I Just Want To Die – Replacing Suicidal Thoughts with Hope <u>David Powlison</u> “Your reason for despair ... God’s reason for HOPE”	<ul style="list-style-type: none"> • Struggling w/ suicidal thoughts • Life is void of love, joy & hope
Suicide	Suicide – Understanding and Intervening Jeffery Black Suicide is profoundly tragic. What depth of unbearable pain and hopelessness suicidal people experience. When a Christian commits or contemplates suicide, it is both tragic and confusing. Tells us that the intention to commit suicide is a crisis- a sinful act born out of pain and sorrow. Here we learn the signs of suicide and guidelines for intervening when someone appears suicidal.	<ul style="list-style-type: none"> • Counselors • Anyone who wants to help another who is hopeless.

Temptation	<p>Temptation—Fighting the Urge—<u>Timothy S Lane</u></p> <p>How many times have you tried to change a behavior only to find yourself doing the same thing again? Do these phrases sound familiar? ""There I go again!"" ""I've had this struggle for years, and I just can't seem to win."" ""I do okay for awhile, but then I get caught in the same old sin."" It's easy to be discouraged when we fall into the same old sins, but God, in the Bible, offers hope to repeat offenders. In CCEFs</p> <p>Temptation: Fighting the Urge, Timothy S. Lane, a pastor, counselor, father, and husband helps you fight the daily, small battles with temptation by looking at the desires that underlie your behaviors, the different stages of temptation, and how honestly going to Christ in repentance and faith will change your desire life. You will learn that you and your sin are no match for God's goodness, power, and grace.</p>	<ul style="list-style-type: none"> • General
Thankfulness	<p>Thankfulness – Even When It Hurts <u>Susan Lutz</u> Is God asking too much when he calls us to be thankful even in the midst of trials?</p> <p>Sue Lutz helps us to see that being thankful does not mean ignoring painful realities. It means bringing our trials to a God who loves us and sent his son to be our Savior.</p> <p>What results from a thankful heart?</p> <ul style="list-style-type: none"> - A stronger relationship with God - Protection from life's spiritual hazards - Intimate connection and communication with the Heavenly Father <p>Lutz explains how believers in Christ have a reason to be</p>	<ul style="list-style-type: none"> • Complainers • Critical people

	thankful that they never had before: Jesus removes the barrier of sin and brings them in a relationship with God.	
Trials	God's Attributes – rest for Life's Struggles – Brad Hambrick Do you have a balanced understanding of God? Do you seek to emulate him and rest in his attributes? This booklet explores sixteen different attributes of God, providing tools for reflection and correcting lopsided views.	<ul style="list-style-type: none"> • General
Trials	How to Overcome Evil—Jay Adams Based on Romans 12:12-21 I don't get mad. I get even! Selfishness, anger, resentment, retaliation . . . Too often we succumb to these reactions, without thinking, when people sin against us. Even when we realize this is not how we should respond to family members, neighbors, fellow believers, coworkers, or enemies, the question arises: how should we respond? Jay Adams says there's a better way, as described by the apostle Paul in Romans 12:14-21. This practical exposition of that passage explores the nature of our warfare with evil and lays out the path to victory and peace.	<ul style="list-style-type: none"> • General conflict • Church leaders • counselors
Worry	Worry –Pursuing a Better Path to Peace – David Powlison States we have much better reasons not to worry. What to do when anxieties take over you life? Powlison describes a six point game plan base on these truths “ It is your Fathere’s pleasure to give you the kingdom. Your father is God. You need not worry”	<ul style="list-style-type: none"> • General Luke 12:22-34